

FOURNOS BREAKFASTS

Basic Breakfast

One egg, bacon, beef sausage and grilled tomato with a choice of toast

R37.50

Farmhouse Breakfast

Two eggs, bacon, beef sausage, grilled tomato, mushrooms and potato wedges with a choice of toast

R54.90

Smoked Salmon & Avocado Rösti

Smoked salmon and potato rösti with smoked salmon, avocado salsa and cream cheese

R65.90

Bagel Breakfast

Two eggs, bacon, grilled tomato and mozzarella cheese on a toasted bagel

R35.90

Vegetarian Bagel Breakfast

Two eggs, spinach, mushrooms, grilled tomato and onion on a toasted bagel

R32.90

Fournos French Toast

Four slices of egg dipped and grilled bread with maple syrup and banana

R24.50

Anchovy Toast

Toast of your choice with anchovy paste and served with rocket, gherkin and fresh tomato

R24.90

Huevos Rancheros

Toasted ciabatta topped with a spicy fried bean, potato & tomato relish with smooth cream cheese, jalapenos and a fried egg

R30.90

Ricotta Griddlecakes with Fresh Fruit

American style griddlecakes topped with ricotta cheese and a selection of summer fruits

R40.90

Homemade Muesli

Homemade muesli served with natural Greek yoghurt and berry compote

R34.90

Traditional Porridge

Hot rolled oats served with a choice of:

- **Milk and Honey** **R20.90**
- Bananas, dried cranberries, cinnamon and brown sugar **R29.90**

Eggs Benedict

Two poached eggs on a toasted roll topped with a light Hollandaise sauce; served with a choice of:

- **Spinach** **R33.90**
- **Bacon** **R39.90**
- **Smoked Salmon** **R58.90**

Big Breakfast Sarmie

Toasted ciabatta filled with rocket, bacon, beef sausage, mushroom and fried onion and topped with an egg

R44.50

Grilled Mushroom & Warm Goats Cheese

Grilled black mushrooms dusted with herbed crumb, micro greens, pesto and warm goats cheese

R54.90

Salmon Frittata Stack

A potato & spring onion omelette stacked with slices of smoked salmon, cream cheese and micro herbs with a light lemon sauce

R65.90

Omelettes

A plain four egg omelette served with toast of your choice

R24.90

MAKE YOUR OWN BREAKFAST

Mozzarella or Cheddar Cheese

R 12.90

Tomato (Fresh or Grilled)

R 5.90

Avocado or Spinach or Spinach & Feta

R 12.90

Mushrooms

R 10.90

Ham or Bacon (Three Rashers)

R 14.90

Macon

R 16.90

Smoked Salmon

R 32.00

Potato Wedges

R 9.90

Beef Sausage Portion

R 14.90

One Portion Scrambled Egg on Toast

R 16.90

Single Egg (Fried or Poached)

R 6.90

Homemade Muesli

R 16.90

Natural Greek Yoghurt

R 14.90

Berry Compote

R 8.90

FOURNOS TOASTED TREATS

| | S | D | T |
|--|---------------|---------------|---------------|
| Cheese | R23.90 | R27.90 | R28.50 |
| Cheese and Tomato | R25.90 | R29.90 | R30.90 |
| Ham and Cheese | R26.90 | R37.90 | R40.90 |
| Ham, Cheese and Tomato | R28.90 | R38.90 | R41.90 |
| Bacon and Cheese | R26.90 | R37.90 | R39.90 |
| Bacon and Egg | R27.90 | R40.90 | R43.90 |
| Chicken Mayonnaise | R32.90 | R40.90 | R42.90 |
| Bacon and Avo <i>Subject to availability</i> | R35.90 | R45.90 | R49.90 |

S Single Croissant or Sandwich **D** Double Croissant or Sandwich **T** Tramezzini

FOURNOS FOURTINIS

A gourmet foccacia topped with one of the following:

Health Nut

Hummus with carrot & cucumber strips, red onion, tomato slices, micro leaves, sprouts and nuts

R44.90

Greek Island Chicken

Greek style chicken strips with tzatziki, kalamata olives, sliced plum tomato, cucumber strips, feta cheese and fresh mint leaves

R54.90

Italian Stallion

Ham, mortadella, salami, provolone and rocket with an olive and red pepper tapenade

R64.90

Grilled Mediterranean Vegetables

Roast peppers, balsamic onions, grilled baby marrows, and mixed greens topped with pine nuts and parmesan shavings

R49.90

FOURNOS FAVOURITES

Fournos Burgers

Served with potato wedges and a small leafy green side salad

- **Beef Burger**

Homemade 100% beef patty served on a freshly toasted roll with lettuce, tomato and onion

- **Chicken Burger**

Grilled chicken breast served on a freshly toasted roll with lettuce, tomato and onion

- **Vegetarian Burger**

Homemade vegetarian falafel patty served on a freshly toasted roll with mixed greens, tzatziki and beetroot salsa

R42.90

Half Spit Roast Chicken and Salad

Half a chicken, fresh off the spit, served with potato wedges and a garden salad

R52.90

Grilled Chicken Breast

Grilled chicken breast seasoned with fresh herbs, served with a chickpea salad and drizzled with balsamic syrup

R52.90

Chicken Prego Roll

Grilled chicken breasts marinated in olive oil, garlic and chili served on Portuguese rolls with potato wedges and a leafy green side salad

R52.90

Poached Salmon & New Potato Salad

A light and tangy new potato salad with gherkin, red onion, mustard seed, mixed baby leaves tossed with a poached salmon fillet

R65.90

Chicken, Melon and Blue Cheese Salad

Sliced chicken breast, micro greens, salad mix with sweet melon, crumbled blue cheese and a raspberry vinaigrette

R50.90

Chicken, Haloumi & Red Onion Marmalade Salad

Cajun chicken strips, mixed salad greens, cherry tomato, grilled haloumi cheese and red onion marmalade with a drizzle of olive oil

R55.90

Loaded Bockwurst Hotdog

Grilled bockwurst hotdog with mustard, avocado salsa and micro leaves topped with deep fried onion rings and served with potato wedges and a small leafy green salad

R48.90

NY Style Salmon Bagel

Smoked salmon, cream cheese, red onion and tomato slices with mixed lettuce on a fresh bagel with gherkin

R62.90

Quiche & Salad

Choice of freshly prepared quiches of the day served with potato wedges and a garden salad

R45.50

Crocchetta

Mediterranean potato cake stuffed with mozzarella, sun dried tomato, artichoke and pinenuts served on a bed of spiced lentils and topped with hummus

R36.90

Vegetable Stir Fry

Stir fried peppers, red onion, carrots, celery, baby corn, and baby marrows with a hint of chili

R29.90

- Add grilled chicken strips **R38.90**
- Add grilled salmon fillet **R58.90**

Vegetable Parcels

Stir fried vegetables and feta cheese rolled in thin crepes drizzled with balsamic syrup and served with micro greens

R33.90

FOURNOS SALADS

Warm Egg, Green Bean & Prawn Salad

Micro greens, salad mix, green beans and grilled prawn meat topped with a soft poached egg and a mustard vinaigrette

R58.90

Chicken, Avocado & Feta Salad

Mixed micro greens, cucumber, red onion, cocktail tomatoes with feta cheese, peppadew, avocado tossed and grilled chicken strips tossed in a sweet chili aioli

R52.90

*All Fournos products are made from natural ingredients
NO COLOURANTS • NO PRESERVATIVES • NO FLAVOURANTS*

*Any substitutions or extras will change the cost of your meal
and may take additional time to prepare*

*Did you know that we make sandwiches to order in our delis? Choose your roll,
croissant or bread and any scrumptious fillings for your tailor made sandwich.*

HOT BEVERAGES

Filter Coffee R 9.90
Freshly brewed filter coffee plus one refill

ESPRESSO'S
Espresso Normale R11.90
Half full espresso cup - normal

Espresso Ristretto R11.90
1/3 espresso cup - short and strong

Espresso Lung R11.90
Full espresso cup - long

Double Espresso R16.90
Double espresso

Espresso Macchiato R13.90
Espresso normal shot with a dash of frothed milk

Double Macchiato R16.90
Double espresso with a dash of frothed milk

Espresso Con Panna R13.90
Espresso normal shot with a dash of whipped cream

Espresso Americano R11.90
A shot of espresso topped with hot water

CINO'S
Cappuccino Normale R14.90
Italian style espresso normal shot, filled with milk froth, flat white and sprinkled with cocoa

Cappuccino Con Panna R16.90
Layers of espresso, steamed milk and capped with whipped cream and a sprinkling of hot chocolate

LATTE'S
Caffé Latté R16.90
An espresso topped with steamed milk and capped with frothed milk

Double Caffé Latté R18.90
Double espresso topped with steamed milk and capped with frothed milk

Caffé Mocha R19.90
One regular espresso with hot chocolate capped with frothed milk

Hot Chocolate, Milo R18.90
Horlicks R21.90

TEAS
Five Roses R11.90
Bistro Tea R13.90
Earl Grey Tea R13.90
Rooibos Tea R11.90
Green Tea R13.90
Chamomile Tea R13.90

All the above are available in decaf. @ R3.00 extra

COLD BEVERAGES

Coke, Coke Light, Fanta & Schweppes R14.90

Tizers R16.90
Still Mineral Water R11.90
Sparkling Mineral Water R11.90

Lipton Iced Teas R16.90
Snapple R26.90
Vitamin Water R19.90

Seltzer R12.90
Rock Shandy R17.90
Cordials R 3.90

Mixers R10.90
Lemonade, Soda (200ml)

FRESH FRUIT JUICES
Fresh Fruit Juices - Per glass R14.90
Orange, mango, strawberry and fruit cocktail

Fresh Fruit Juices - 500ml R20.90
Orange, mango, strawberry and fruit cocktail

ICED COFFEES
Freezocino R26.90

MILKSHAKES R18.90
Vanilla, Chocolate, Strawberry, Lime

ICED SMOOTHIES
Strawberry R28.90
Mango R28.90
Tropicana Pine R28.90
Strawberry & Banana R28.90



BAKERY COFFEE SHOP DELICATESSEN

Voted Best Bakery in Joburg for 14 years by Leisure Options - Readers Choice Awards

The Fournos Deli offers a selection of daily specials from fresh and crispy salads to mouth watering pastas and more hearty fare. Stroll by to see what's on offer.

Fournos offers a range of delicious ready to serve platters, ideal for any function. All our platters are made from fresh ingredients and are the perfect solution for your entertainment needs.

BEDFORDVIEW

Bedford Centre Entrance 4
Smith Rd. Bedford Gardens
Bedfordview Johannesburg

T 011 615 0733 F 011 615 0572

OR TAMBO

International Airport
Domestic Terminal
Johannesburg

T 011 390 3502 F 011 390 3431

BENMORE

Benmore Gardens
Shopping Centre
Benmore Johannesburg

T 011 883 7194/7329 F 086 622 5153

LITTLE FALLS

Lifestyle Crossing West Rand
Hendriek Potgieter
Wilgeheuwel Johannesburg

T 011 475 7484 F 011 475 7488

DUNKELD

Dunkeld West Centre
Jan Smuts Ave.
Dunkeld Johannesburg

T 011 325 2110/1 F 011 325 2096

ROSEBANK

33 Baker Square
Cnr. Baker & Cradock Ave.
Rosebank Johannesburg

T 011 447 3392/3229 F 011 880 9167

CENTURION

Centurion Mall
Shop 325 & 326
11th Ave. Centurion Pretoria

T 012 663 1714 F 012 663 7745

SOUTHGATE

Southgate Value Market
Cnr. Columbine & Rifle Range Rd.
Southgate Johannesburg

T 011 941 3773 F 011 941 3774

FOURWAYS

Fourways Crossing Centre
Cnr. William Nicol & Witkoppen Rd.
Fourways Johannesburg

T 011 467 2326 F 011 467 0766

WOODMEAD

Woodmead Retail Park
1 Waterval Crescent
Woodmead Johannesburg

T 011 656 9641 F 011 656 9641

www.fournos.co.za

FOURNOS BAKERY HOLDINGS PTY LTD

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